

# THE POWER OF VISUALIZATION

" See It. Say It. Do It! Visualize, Declare, Take Action...Enjoy the "Ta-Dahs"  
in your life...the continual steps in your life journey."

- Dr. Lynn F. Hellerstein

**Tuesday, January 12, 2021 at 6:30 - 7:30 p.m.  
at Hellerstein & Brenner Vision Center, P.C.**

via ZOOM

## LEARN:

- How to enhance visualization and imagery skills
- Imagery strategies for: reading comprehension, spelling, math facts, sports, relaxation and more
- How to have fun while creating and experiencing imagery

## WHO SHOULD COME:

- Parents
- Patients
- Educators
- Coaches
- Therapists
- Other health care professionals

## SPEAKERS:

Lynn F. Hellerstein, O.D., FCOVD, FAAO  
Developmental Vision Optometrists  
Vision Therapy Department Staff

## RSVP:




Scan the QR code below to register for this awesome event!



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