HELLERSTEIN & BRENNER
VISION CENTER, P.C.

LYNN F. HELLERSTEIN, O.D., F.C.O.V.D., F.A.A.O. • TRICIA BRENNER, O.D. • SARA K. GRELL, O.D. • AMY E. ELSILA, O.D. • ALEXANDRIA R. WISS, O.D.

Your Name: _____ **Your Age:** ____ **Today's Date:** _____

☐ I have had a medical diagnosis of brain injury (check box if true). My brain injury was: ___ years ago
☐ I suffered a brain injury without medical diagnosis (check box if true)
☐ I have NOT had a previous brain injury (check box if true)

Please check the most appropriate box, or circle the item number that best matches.

Please rate each behavior. **How often does each behavior occur?** (circle a number)	**Never**	**Seldom**	**Occasionally**	**Frequently**	**Always**
Clarity of vision changes or fluctuates during the day	0	1	2	3	4
Eye discomfort / sore eyes / eyestrain	0	1	2	3	4
Headaches or dizziness after using eyes	0	1	2	3	4
Eye fatigue / very tired after using eyes all day	0	1	2	3	4
Feel "pulling" around the eyes	0	1	2	3	4
Print moves in and out of focus when reading	0	1	2	3	4
Normal indoor lighting is uncomfortable – too much glare	0	1	2	3	4
Indoors fluorescent lighting is bothersome or annoying	0	1	2	3	4
Clumsiness / misjudge where objects really are	0	1	2	3	4
Lack of confidence walking / missing steps / stumbling	0	1	2	3	4
Side vision distorted / objects move or change position	0	1	2	3	4
What looks straight ahead--isn't always straight ahead	0	1	2	3	4
Avoid crowds / can't tolerate "visually-busy" places	0	1	2	3	4
Short attention span / easily distracted when reading	0	1	2	3	4
Difficulty / slowness with reading and writing	0	1	2	3	4
Poor reading comprehension / can't remember what was read	0	1	2	3	4
Confusion of words / skip words during reading	0	1	2	3	4
Lose place / have to use finger not to lose place when reading	0	1	2	3	4

Predictive score =≥ 28 Total Score for all 18 items: _____

Checklist courtesy of Pacific University College of Optometry

7400 EAST ORCHARD ROAD, SUITE 175-S • GREENWOOD VILLAGE, CO 80111 • TEL (303) 850-9499 • FAX (303) 850-7032 • WWW.HBVISION.NET